



Everyone over the age of 12 years and 3 months needs to be double-vaccinated against COVID-19.

All gym users aged 16 and over need to show their vaccine pass as they enter the Stadium.

Our staff can load your vaccine pass expiry in our membership software with your permission. This means only spot checks will occur if you have done this.

Wear a mask when moving through the facility.

Scan the QR Code coming into the Stadium.

Swipe your membership card when you enter.

Drinking fountains are on.

Social distancing is recommended.

Good hygiene is required.

Spray and wipe equipment before and after use.

Bring a sweat towel.

No limits on group fitness.

Anyone who is unwell or awaiting Covid-19 test results must stay away.